

# Sabbatical Officer Leadership Training

This course supports sabbatical officers to be confident, effective and inspiring leaders now and in the future. Working with other officers on core modules helps them to gain the skills to do this and share best practice, having even more impact in the year ahead.

## Module Content

### Module 1 Exploring leadership

---

- What is leadership
- Leading versus managing
- Leadership theories and models
- Leading as a sabbatical officer
- Your leadership style range
- Developing your own style
- Emotional intelligence

### Module 2 Developing a high-performance team

---

- What is a high-performance team
- Creating a high-performance team
- Developing team commitment
- Team interaction and dynamics
- Leading teams
- Managing team conflict
- Identifying your own strengths and areas of development for team working

### Module 3 Organisational skills and achieving goals

---

- The core skills of a sabbatical officer
- Personal skills and organisational skills
- Time management
- Setting goals and objectives
- Keeping motivated and on track
- Project management
- Prioritising workload
- Action planning

# Sabbatical Officer Leadership Training

## How your development is supported

<b>Workshop 1</b>	Exploring leadership	Half day - 3.5 hour Zoom workshop
<b>Coaching session</b>		One to one - 40 minute Zoom meeting
<b>Workshop 2</b>	Developing a high-performance team	Half day - 3.5 hour Zoom workshop
<b>Coaching session</b>		One to one - 40 minute Zoom meeting
<b>Workshop 3</b>	Organisational skills and achieving goals	Half day - 3.5 hour Zoom workshop
<b>Coaching session</b>		One to one - 40 minute Zoom meeting

The half day workshops are group sessions carried out on set days, 4 weeks apart.

## Cost

£375 + VAT

Three workshops, three one-to-one coaching sessions and all materials.

There is the option to complete an ILM Level 5 nationally recognised qualification with extra coaching - a Certificate in Leadership and Management. Please talk to us if of interest.

## About Blue Edge Training

We are a training and consultancy business, established over 20 years, with a team of highly skilled consultants who have real depth of experience in the public, private and third sectors. Our consultants and trainers specialise in the areas of leadership and management development, governance, strategy and organisational change, communication, volunteer management, senior mentoring and coaching. We believe that people are an organisation's biggest asset and are passionate about developing organisations through their people. We ensure that our interventions, whether short-term consultancy or longer-term training programmes, are engaging, cost-effective and inspiring.

Working with a wide range of large and small organisations in the public, private and third sectors, we are adept at bringing the best elements from each sector to inform our learning interventions.

### Some of the organisations we work with

Shelter, Action for Children, Breast Cancer Now, Centrepont, Clear Strategy, Royal Armouries, Stanton Williams architects, The Hospital Club, Vulcan, University of Sussex, University of Birmingham Guild of Students, The Royal Foundation, The Royal Society, 38 Degrees, Imperial College Union, TKAT Primary Academy, Students' Union UCL, The Hepworth Wakefield, Paul Hamlyn Foundation, Foundling Museum and the Whitechapel Gallery.

### ILM Approved Centre

ILM is the UK's leading provider of leadership, coaching and management qualifications, recognised in the UK and internationally. We offer nationally recognised qualifications from Level 3 to Level 7 in Leadership & Management and Coaching & Mentoring.

### Blue Edge bespoke programmes

We can build a programme that meets your specific training needs and gain accreditation for delegates.

### For further information

Please contact Sarah Cargan on M: 07761 647678 or T: 01743 367370

E: [sarah@blueedgetraining.com](mailto:sarah@blueedgetraining.com)