

Level 5 Certificate in Coaching & Mentoring

One of the arts of leadership is treating people uniquely and enabling each individual to be the best they can be, this is coaching and mentoring in action.

Developing an innovative, engaged organisation is a constant interest and challenge and yet:

- 84% of senior leaders globally say disengaged employees are one of the three biggest threats facing their business - The Economist
- The top factor (85%) contributing to increased employee engagement is their line manager or supervisor - IABC Research Foundation/Buck Consultants
- Leaders who use coaching behaviours are 33% more effective at engaging employees - Birsin by Deloitte

(Statistics from the European Mentoring and Coaching Council)

Coaching and mentoring is increasingly being used in addition to traditional training. This can range from conversations, where a person influences the thoughts, learning and behaviour of another in a non-directive way, to a more formal development process: inducting new starters, developing talent and supporting a senior team.

The benefit of this training is that it helps you to develop and hone your coaching and mentoring skills further. You can also reflect on your areas of strength and development as a coach and mentor and achieve a nationally recognised Level 5 qualification – a Certificate in Coaching and Mentoring, with the ILM (Institute of Leadership and Management).

Cost - £1390 + VAT

Includes ILM registration and certification, 3 one-day workshops, 2 half-day group coaching sessions, 3 phone calls and 3 assignments.

The benefits of the Coaching and Mentoring programme

- Develop your leadership skills as a coach and mentor
 - Support the development of an innovative and empowered organisation
 - Develop an understanding of the theory and practice of effective mentoring and coaching
 - Develop a deeper understanding of your own interpersonal and communication skills
 - Recognise how coaching and mentoring can drive your organisation
 - Practice and reflect on your own coaching and mentoring skills
 - Plan your own continuous professional development
 - Achieve a nationally recognised qualification for coaching and mentoring practice
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How does the programme work?

- It is a highly practical programme to support you in developing your coaching and mentoring skills
 - The modules provide an overview of the theory of coaching and mentoring and a framework for you to use in your own coaching and mentoring
 - The resources and programme leader will support you in achieving your ILM qualification through:
 - 3 consecutive training days
 - 2 further half-day workshops with supervised group coaching sessions
 - Telephone mentoring support
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What do I need to do to gain the qualification?

Module 1

Understanding the Skills, Principles and Practice of Effective Management Coaching and Mentoring

Module 2

Reviewing Own Ability as a Management Coach or Mentor

Module 3

Undertaking Management Coaching or Mentoring in the Workplace

The Certificate qualification is based on completing the 3 modules above, 12 hours of coaching and mentoring practice and associated work-based assignments. Learners need to successfully complete 3 assignments for the Certificate.

Feedback will be given after each assignment to support future assignments. Blue Edge prides itself on the relationship it builds with individuals via email, telephone and mentoring support throughout the programme. The knowledge gained during the workshops plus self reflection will enable you to complete the assignments.

Programme at a glance

ILM Level 5 Certificate in Coaching and Mentoring

Workshops - Telephone mentoring - Group coaching – Assignments

Workshops	3 consecutive days
Telephone mentoring	
Assignment submission - Module 1	
Group coaching supervision and workshop	
Telephone mentoring	
Assignment submission - Module 2	
Group coaching supervision and workshop	
Telephone mentoring	
Assignment submission - Module 3	

About Blue Edge

We are a training and consultancy business established for over 17 years, with a team of skilled consultants who have real depth of experience in the public, private and third sectors. Our consultants and trainers specialise in the areas of: leadership and management development; governance; strategy and organisational change; communication; volunteer management; senior mentoring and coaching. As we believe that people are an organisation's biggest asset and we are passionate about developing organisations through their people we ensure that our interventions, whether short-term consultancy or longer-term training programmes, are engaging, cost-effective and inspiring.

Working with a wide range of large and small organisations in the public, private and third sectors, we are adept at bringing the best elements from each sector to inform our learning interventions. Organisations we work with include Shelter, Breast Cancer Care, 38 Degrees, Reprieve, Action for Children, Catch-22, King's College London Students' Union, The University of Kent, The Hospital Club, Stanton Williams, The NHS, The Hepworth Wakefield, Foundling Museum and the Whitechapel Gallery.

We are an approved centre for the ILM (Institute of Leadership and Management)

The ILM is a premier body with experience in the field of leadership and management, coaching and mentoring, recognised in the UK and internationally. We offer nationally recognised qualifications in leadership and management, volunteer management, coaching and mentoring and can build a programme that meets your training needs and gain accreditation for delegates. The ILM Level 5 in Leadership and Management gives practicing managers the widest choice for their formal development in this role. The qualification does this by developing a range of management skills and assisting participants in gaining the knowledge required at this level.

For further information contact

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